

**Traditional swetlodge:** 4 colours, fireplace represent sun and moon

West:	black,	Thunderbird
North:	red	
East:	yellow	
South:	white	

placing the first 7 rocks: start Center, then E, S, W, N, E, W.

**Spotted-Eagle Sundance-Pipe swet:** 7 colours (David Swallow Jr.)

West:	red & purple	Spotted Eagle or Rainbow Eagle (mystic)
North:	black & blue	Elk people (nation)
East:	yellow & green	Deer (black tail)
South:	white	all birds (owl-night)

placing the first 7 rocks: start E, then S, W, N, E, W then Center

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OOOOO 5 # for heyoka and 7 # for God, Spirit of Universe  
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**Peyote-Swetlodge:** 4 rounds,

- 1) spirit calling round (spotted eagle) E
- 2) praying round
- 3) healing or doctoring round
- 4) balancing, harmonizing and introspection (rethink before you leave)

4 corners, 4 ages (birth, youth, adult & old age)

or

7 steps circle (birth & childhood, youth, young adult-family, adulthood, middle age 40-50, old age 60-70, back to childhood)

**4 principles:** due to 4 ages

**generosity** (forgiveness, compassion)

**courage** (fortitude)

**knowledge & wisdom**

**respect** (as old person)

**4 songs each round,** 1 to 4 repeats (depends on people)

1. Round) **calling the spirits** (eagle spirit)

Invocation: **hey-hey, yungua**, (4 x), **yungua** (2 x) for all directions starting East (eagle)

- a) **om mani padme hum**, (4 x 4 repeats) (calling **Lord Buddha** of divine compassion, jewel in the heart of the lotus)
- b) **om namah shivaja** (4 x) (calling **Lord Shiva**, destroyer of negativity, the old makes way for the new)
- c) **halleluja, halleluja, halleluja** (3 x), ha-le-lu-ja, ha-le-lu-ja (help us **Jesus**)
- d) **fly like an eagle, fly so high, circling the universe on wings of pure light**, (2 x)  
**hey witschi tai tai, witschi tai-o**, (2 x)

**wearing my long wing feathers as I fly** (2 x)  
**I circle around ( 2x) the boundaries of the Earth** 2 x  
**hey yunga ho yunga hey yung yung** (2 x)

2. Round) **prayer and people**

- a) **tall trees, warm fire, strong winds, deep water,**  
**I feel it in my body, I feel it in my soul** 4 x  
  
(prayer to 4 elements)
- b) **om bhur bhuvah svaha,** *laßt uns über das om das höchste göttliche Sein verehren*  
**tat savitur varenyam,** *die Kraft die sich aus der aufgehenden Sonne zeigt*  
**bhargo devasya dhimahi,** *lasst uns über das strahlende Licht meditieren*  
**dhiyo yonah prachodayath** *wir bitten dich, lass dein Licht unseren Geist erhellen*

(Gayatri Mantra: prayer to the rising sun to awaken the sun-energy in our body cells)

- d) **en lak' ech, a lak' en** (3 x) *Ich bin ein anderes Du und Du bist ein anderes Ich*  
**a ho weya** (1 x)  
(Maya song)
- c) **yannah wannah yannah wannah, weho yana** (4x)  
  
**wanni watschiuno wanni watschiuno, wakan tatanka, wakan tatanka** (4 x)  
  
**earth is my body, water is my blood, air is my breath and fire my spirit** (4x)

